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February 2018

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From the Editor

On the 15th of February we will experience a New Moon, partial solar eclipse in the sign of Aquarius, with an alignment with Mercury. This could mean that we feel particularly focused on communication and new ideas.

Drew Barrymore celebrates her birthday this month, and our editorial team look into the astrological aspects, that make Drew the down-to-earth, funny, charismatic and business savvy woman who we love.

Our featured psychic Darren shares with us his vast knowledge on love readings! Psychic Chrissie shares with us the interesting beginnings of Valentine's Day, and the star signs we are potentially most compatible with.

We would like to take this opportunity to thank you for being a reader of our monthly magazine, you truly are a valued client of our top rated psychic services. We would also like to wish you a happy Valentine's Day, whether you are sharing it with a special partner, or opening your heart to new love and fresh beginnings, we wish you much love and joy this month!

Love and Light,

Alyssa x

Darren

Pin 7775



What is your favourite type of love or relationship reading to give someone?

This is a great question as there are many readings related to love and relationships. Most of my readings are so vast but I always try to divert clients to a more spiritual way of thinking and being. Sometimes who we think we want to be with and who we end up with are not always the same, so my favourite type of reading is enabling people to understand what they truly need in a life partner and helping them transition to meet the right person for them.

What is the most common question asked during a love reading?

Not surprisingly the most common question asked is "Will I ever meet my Soul mate/Twin flame?" What I believe is that there is not just one person for us, there are many. It may come as a shock to some to realize that a Soul Mate can be someone who is only with us for a set period, these special souls help us to grow and learn as we go through this life.

Do you have clients coming back to update you on their relationship?

Yes absolutely and I'm always happy to hear their updates especially when I may have had to deliver news around a relationship that was difficult for the client to hear, but who are ultimately grateful that I had given them the heads up.

It's also lovely to hear back from souls who have waited patiently for their soul mates to arrive and finally it happens for them, and they pop back to let me know of the good news!

What advice or tips would you give to someone who feels they have a "psychic" gift?

I believe that we all have the gift of sixth sense, we have just forgotten how to use it! When a soul is starting to awaken and is asking questions I aim to help them find their spiritual path. Every soul is different and experiences their awakening in a way that is individual to them, therefore I advise them as best I can with that in mind, there is no one size fits all approach. A great place to start is meditation. I recommend finding a piece of relaxing music that resonates with you then drift away and see where your soul takes you, or if you find that too much to start with, there are many guided meditations on the internet, again find one that you resonate with and off you go.

What is your star sign and are you typical of this sign?

I am a Piscean, and we are supposedly naturally psychic and float around with our head in the clouds. I will admit that I certainly spend a good deal of time with my spiritual family in meditation, and I enjoy immensely my time of learning and healing with them, I do however have a blessed earthly life with my family and pets which keep me grounded too.

Drew Barrymore



Drew Blythe Barrymore Celebrates her 43rd birthday on the 22nd of February. A descendant of the Barrymore family of well-known American stage and cinema actors, and the granddaughter of film legend John Barrymore, Drew is a powerhouse in her own right.

She has developed her career as an actress, director, producer, model, screen writer and author. She is perhaps most well-known for her films; 50 first dates, Charlie's Angels, and Never Been kissed.

In May 2007, Barrymore was named Ambassador Against Hunger for the United Nations World Food Programme and went on to donate \$1 million of her own money to the cause.

Drew is also a model for CoverGirl Cosmetics's. The company reportedly partnered with her because "she emulates the iconic image of CoverGirl with her fresh, natural beauty and energetic yet authentic spirit,"

At an early age Drew suffered with drug and alcohol addictions and spent time in rehab at only aged fifteen. Drew Barrymore has her Sun in the enigmatic and dreamy sign of Pisces. With Pisces being one of, if not the most sensitive sign, there can be a tendency towards escapism.

This can also lead to a heightened potential to experience; a truly vivid imagination, psychic gifts and intense creativity. Pisces' planetary ruler Neptune can be linked to dissolution and deception but

it's also the planet of heightened intuition, glamour, film and media.

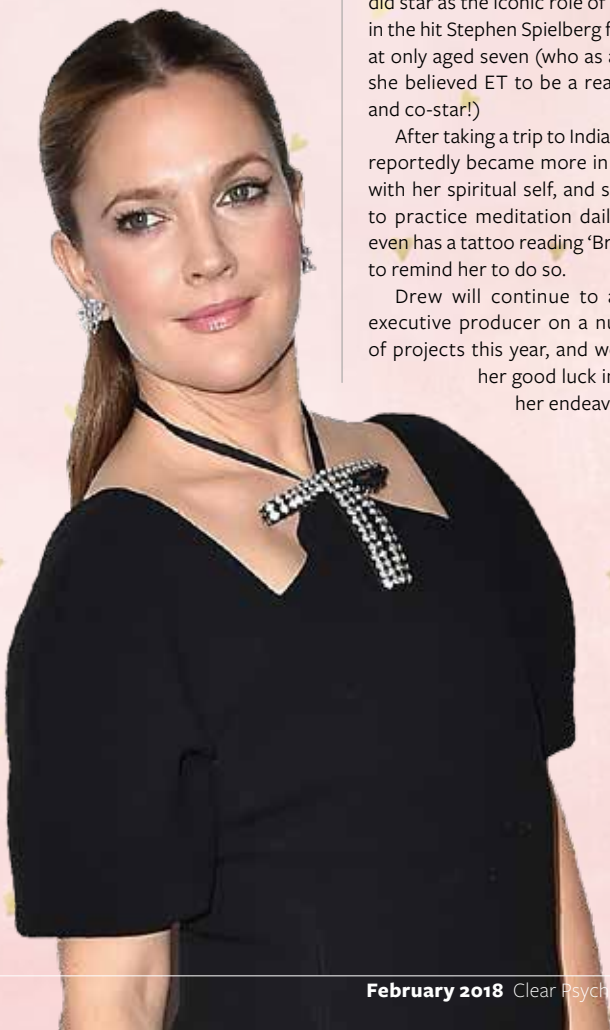
Her Moon in Cancer sits together with a more serious Saturn. This can point towards responsibility and order, this is perhaps one reason for the

maturity felt by Drew at an early age. This could also be an indicator for her savvy business acumen.

With her Midheaven and Mercury in the quirky and friendly sign of Aquarius, this could reveal an outward reputation for an unusual lifestyle – After all, Drew did star as the iconic role of Gertie in the hit Stephen Spielberg film ET at only aged seven (who as a child she believed ET to be a real alien and co-star!)

After taking a trip to India, Drew reportedly became more in touch with her spiritual self, and started to practice meditation daily. She even has a tattoo reading 'Breathe' to remind her to do so.

Drew will continue to act as executive producer on a number of projects this year, and we wish her good luck in all of her endeavours!





Aries

21 March - 20 April

This month is dominated by two Eclipses, the first occurred on the last day of last month and the second will be on the 15th of February. All this puts a great deal of emphasis on your future plans, friendships and group activities. Your desire to expand your world is further enhanced by the role of your ruler Mars. But it is essential that you listen to your hunches in the 2nd half of this month.



Taurus

21 April - 21 May

Talents that have lain dormant, or that you've not previously been aware of, can come into the open from midmonth. The next six months can be a time when your career can head in a different, but exciting fresh direction. Friendships are going to also be accentuated in the last half of February. Solo? You may find yourself being drawn into a passionate and rather idealistic love tie.



Gemini

22 May - 21 June

Balancing your intellect with your deeper emotions is going to be the challenge in the first half of this month. Being such a logical sign yourself, you could find yourself surprisingly indecisive, but what you can do, is gain as much knowledge as possible on any given subject. Someone you encounter in a worldly situation in the second half of this month, can though hugely inspire.



Cancer

22 June - 23 July

Resources may need careful handling early in February, but by mid-month there is the opportunity to improve your income, and especially if you take a more original path. With increasing influences in the sign of Pisces in the second half of the month, your appreciation of film, art, travel, history and education are emphasised. Everyday demands can though seem more oppressive.



Leo

24 July - 23 August

The Total Lunar Eclipse of the last day of last month pours its potent energy into this one, and beyond. Balancing your individuality with your closest interactions is going to be the opportunity, but also perhaps the challenge in the months ahead. But the chance to chime closely with one special person is presented early in February. Just who this is, can be something of a surprise.



Virgo

24 August - 23 September

Practicalities can dominate early on, but this is also an opportunity for you to get to grips with any part of your existence which is not running quite as well as you'd like. Mars is making you restless this month, especially around home and emotional issues. But with a gathering of energies in your relating zone from midmonth, and Venus's combination with Neptune, relationship magic is possible.



Libra

24 September - 23 October

You can feel really animated early in February, and all sorts of strands can be activated, or be re-energised. The Partial Solar Eclipse of the 15th, encourages you to be more spontaneous and live in the moment, and especially around relationships. But with Mars clashing with Mercury, Venus and Neptune, the demands of others can creep up on you as the month goes on. Firm up boundaries.



Capricorn

22 December - 20 January

Saturn is becoming more entrenched in your zodiac sign, and you can start to see the areas that you really need to focus on, and those that are less central. Your resources can take centre stage within this, and there is an opportunity to improve your income, perhaps working from your home. Your ideas sector positively sparkles in the second half of the month, but avoid gossip.



Scorpio

24 October - 22 November

Work-life balance may be something of a euphemism these days, but it certainly can strike a chord with you in the early days of February. However, if you can get your foundations working more smoothly, a sensational set of planetary influences later in the month can really see you flourish, and especially as the Sun links with Saturn in the last week. Substantive changes can follow.



Aquarius

21 January - 19 February

With the Sun, Mercury and Venus all collaborating in your sign, and a fantastic partial Solar Eclipse also in Aquarius, this is a wonderful time to embrace your individuality and demonstrate to people what makes you so unique. As long as you are realistic, this can also lead to some improvements around your income. Sweet foods can tempt you, and could prove to be a diet breaker though.



Sagittarius

23 November - 21 December

With Mars in your zodiac sign all month, on the face of it, life can be all systems go, and great progress can be made and your communication can sparkle. However, home, emotional or family issues can run much more sensitively in the second half of the month. You will benefit from working hard at retaining a logical approach to anything which affects your security and sense of self.



Pisces

20 February - 20 March

Something you've been working on in the background for some while can start to come to fruition, and that's going to become much more obvious in the next six months. If this is linked to technology or a creative strand, the better you can do. Yet clarity will still be important around your professional hopes. Delightfully, your sex appeal is set to skyrocket in the second half of the month.

Birthstone of the Month

The beautiful healing crystal of Amethyst is the birthstone for February.

Crystals are known to have powerful properties that combat stress and promote good health, balancing and calming intense emotions and helping a person to feel more in control of their life. Each month of the year has a related birthstone which can be a wonderful gift for those born during that month, but all crystals will resonate with anyone who uses them.

The Healing Powers of Amethyst

The purple Amethyst is perhaps most well-known for its protective energy and the crystal which encourages spiritual growth in life. The healing stone protects the wearer from negative energy, whether it's from external influences or internal conflicts, promoting positive energy and balancing emotions within. Many psychics, clairvoyants, mediums and crystal healers work with Amethyst crystals to protect their own energy and offer positive protection and energy to their clients. Amethyst is not only known as the 'protector' but can also bring clarity, cleansing the aura and helping a person to feel more grounded and spiritually connected in their life.

How to Use Amethyst?

You can use healing crystals every day by having them in the home or next to your bed at night

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so that you can absorb the healing energies. If you need a strong calming influence or you're going through a difficult time, then holding a piece of Amethyst in your palm with both hands cupped over it, will help you to feel more at peace bringing clarity to a situation. Amethyst is also a beautiful crystal to use during mediation, or to wear in a piece of jewellery.

Crystals and Chakra Healing

Crystals are often used during Chakra Healing to help cleanse blockages in the Chakras that may be having an effect or influencing your life. We have 7 major Chakras in the body and sometimes the energy can be blocked when we are experiencing difficulties or struggling with emotions. The

healing stone of Amethyst is often related to the Crown Chakra, used for protection and purification to balance and awaken the spiritual mind.

How Do Crystals Help Us?

Every crystal has healing properties which emanate into the surrounding atmosphere or into the body of the person wearing the stones. Amethyst is a powerful crystal for those who suffer from stress, anxiety or worry, helping to reduce negative feelings. Crystals help to cleanse your aura which can be influenced by how you are feeling, your emotional, physical and mental health, and the external influences of other people or situations around you.



Valentine's Day

The legend of Valentine's Day and its patron saint are difficult to establish for certain as it is a merger of both Christian, ancient Roman traditions and myths. The Romans had a festival in the middle of February, called **Lupercalia**, which celebrated the start of their springtime. As a part of the celebrations, girls would put their names into a box and boys took it in turns to draw one out. They would then become boyfriend and girlfriend during the festival period, and sometimes they would marry!

One account of St Valentine places him as a temple priest and doctor who was beheaded by the Emperor Claudius for helping Christian couples to wed which was against the Emperor's laws. He is said to have put couples' happiness above the law, but paid a hefty price for his beliefs in the end. The very first Valentine's Day as we know it today was regarded as being in the year 496 AD.

It is lesser known that St Raphael is the patron saint for romantic encounters, so maybe we should send a prayer to him too? A Dove is the bird that symbolises Valentine's Day as the bird of love, while the red rose is seen as the symbol of true love. Each year millions of red roses are bought by lovers and are seen as the ultimate present to give on that 'special day'.

This year, February 15th has a New Moon, which is quite a significant sign as this can be seen as a powerful energy, indicating that new relationships can be pushed forwards successfully – if that is what you desire!

Star Signs In Love

At this time of year, Valentine's Day plays on a lot of minds, as we wait with anticipation for a card, flowers or some other token of love from the one we hope loves us back. But how compatible are we with that person, or indeed, anyone? We know our star signs, so if we know the sign of our partner we can check our compatibility!

Air Signs – Gemini, Libra, Aquarius.

Key word: **thoughtful**. They bring happiness with them into relationships. Love, adventure and escapism all keep them interested as they long for changes in life, but only for the better. They can get bored quickly, so like variety and surprises, they can also be moody.

Earth Signs – Taurus, Virgo, Capricorn.

Key word: **practical**. Earth signs are loyal, stable and can be trusted to do the right thing, especially in difficult circumstances. They use hard work to achieve their goals, especially to get what they want, including romance. Emotions run deep, and they tend to keep their feelings low-key. Not always easy to deal with!

Water Signs – Cancer, Pisces, Scorpio.

Key word: **emotional**. These signs are noted for being highly sensitive and highly emotional. They change their moods quickly like the flowing of the tides in the oceans – calm one minute and stormy the next. Security is important to them, and they don't like to lose at anything, especially where love is concerned. They need to feel wanted and loved!

Fire Signs – Aries, Leo, Sagittarius.

Key word: **forceful**. Fires are, by nature, quick to combust or explode and are difficult to contain or control! Those in this category are very creative and highly passionate, loving to live life to the full. Often seen as insensitive, they put their own feelings first over those of others. Seen also as demanding, they are also very caring and devoted to those they feel drawn to. It should also be said that they are the sexiest sign of the zodiac!

Happy Valentine's Day!



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